

## Contact with the Arm/Hand of a Shooter:

When attempting to block a shot, defenders appear to be making more contact with the arms, elbows and/or hands of shooters. This contact can be incidental or illegal, with the difference turning on the level, location (on shooter's arm) and the timing of the contact given the shooter's motion.

Here are the guidelines we have reinforced with referees.

Before the shooter releases the ball, any contact to the shooter's hand, wrist or arm is illegal and a foul will be called.

After the shooter releases the ball:

- Contact with the shooter's hand (a "high five") during the shooter's follow-thru is legal, provided that the contact is incidental and not, for example, hostile or overly physical.
- Contact with the shooter's arm or wrist during the shooter's follow-thru is considered illegal if the contact prevents the shooter from following-thru naturally. If, however, incidental contact occurs after the shooter has been given sufficient room to follow-thru, no foul call will be made.

In both cases, if the shooter's follow-thru is unnatural (e.g., to the side or extended forward), no foul will be called.